

EDITABLE RESOURCE

Student Goal-Setting Worksheet

Turn a broad intention into a realistic goal, plan and review cycle.

How to use: Complete one important goal at a time. Discuss the plan with a teacher, mentor or parent, then review progress honestly.

Student name

Class / grade

Date

Review date

My Goal

What do I want to achieve?

Why is this important to me?

What will success look like?

My Starting Point

What can I already do?

What is making this difficult?

My Action Plan

Action step	When / how often	Support or resource	Completed
1.			☐
2.			☐
3.			☐
4.			☐
5.			☐
6.			☐

Progress Check

Review date	What improved?	What needs adjustment?	Next step

Final Reflection

What helped me most?

What will I do differently next time?
